



Foodstock NJ
20 Randolph Road
Freehold, NJ 07728
www.FoodstockNJ.org

Dear Montgomery Township Residents,

We have been invited to participate in **Foodstock Week July 7th through July 12!**

Foodstock is a grassroots 501c3 organization that has been formed to assist with the needs of our less fortunate community members who are struggling to put food on their tables and to provide our generation with an opportunity to give back. Their successful effort began in 2010 with a small food drive event and to date they have collected 380,000 pounds of food. Their efforts have greatly benefited local food pantries which have come to depend on the great work of the Foodstock organization.

We request that you please bring in your generous non-perishable food donation between July 7th through July 12. Your donation is to be returned to the **FOOD PANTRY BOX** located in the municipal building vestibule by the reception desk. Please ensure all food is either in a plastic or paper bag. The food donations will be delivered to the **MONTGOMERY FOOD PANTRY** on July 12th.

Thank you in advance for considering being a part of Foodstock Week. Many families will be touched by your contribution.

Sincerely,

Michael W. Pitts Jr., Assistant Administrator / Chief Finance Officer

EXAMPLE OF WHAT TO DONATE

PROTEIN

Peanut butter
Jellies and Jams
Canned tuna or salmon
Canned chicken or ham
Beans – canned or dried

FRUITS AND VEGETABLES

Vegetables (canned)
Fruit (canned), Fruit cups, Applesauce
Dried fruit (raisins, cranberries, prunes)

BREADS AND CEREALS

Oatmeal
Breakfast cereals (large boxes)
Pancake mix
Syrup

OTHER

Macaroni and cheese
Pastas (Whole Grain)
Rice
Instant mashed potatoes (boxed)
Stuffing mix
Canned soups
Canned stews, chili, Ravioli, spaghettios, etc.
Cranberry sauce
Gravy (canned)
Granola Bars
Peanuts, sunflower seeds, almonds
Vegetable Oil
DAIRY
Shelf-stable milk