Therapeutic Recreation Services



The Montgomery Recreation Department has a cooperative agreement with the Somerset County Park Commission's Therapeutic Recreation (TR) Department to provide recreation and leisure opportunities for children and adults who have a developmental disability. By providing a variety of social, cultural, artistic, culinary, sports, fitness, community outings, horticulture, and special events throughout the year, individuals can recreate year round. Programs are adapted to meet the participants' needs. The TR department also conducts a summer camp for children who have a learning disability or Aspergers Syndrome.

The goal of the TR department is to promote an active leisure lifestyle that improves social, physical, cognitive and emotional functioning and health while enhancing each participant's abilities. With highly qualified staff at programs, participants can register for many types of programs. By providing a variety of social, cultural, artistic, and culinary programs, as well as sports, fitness, community outings, horticulture, and special events, participants can recreate in the day, evening, or weekend. For more information or to inquire about eligibility, call the Therapeutic Recreation Department at 908-526-5650. You can visit the Somerset County Parks website (look for the most recent brochure).