

Lap Swim Membership

LAP SWIM MEMBERSHIP



Welcome to the Montgomery Parks & Recreation Aquatics Program at the MHS Aquatics Center. Your membership entitles you to use the facility for lap swimming during operation hours. However, the pool is a shared school facility and they receive priority. Only school staff has pool access and must be present to open the pool.

Pool Hours:

Senior Citizen Lap Swim; Monday - Thursday 5:45 — 6pm

All Members; Monday - Thursday 6:00 — 9:00pm

Friday - Sunday CLOSED

Membership Pricing:

Family: \$275

Individual: \$150

Senior/Student: \$75

Parking and Access:

The aquatic center is located in the rear of the high school facing Skillman Road. Parking is available outside the pool entrance. The pool will not be accessible from any other entrance in the building.

Locker Rooms:

The locker rooms are complete with bathroom facilities, lockers (lock not provided) changing rooms and showers. Please lock all personal items in lockers and remove your belongings at the end of your visit.

Lap Swimming Etiquette:

1. Always stay on the right side of the lane. Swim in a counter clockwise circle.
2. When entering an occupied lane, please let the swimmer know as you enter the water.
3. Try to keep pace and maintain a reasonable distance between swimmers.
4. When passing, notify the swimmer in front of you with a tap on the foot.
5. Pay attention to swimmers who are gaining on you.
6. Please do not stop in the middle of the lane.
7. Please allow enough room at each wall for turns.

Rules:

No private coaching

All swimmers must be able to swim 2 continuous laps

Appropriate swim wear required

Change in locker rooms only

Bare feet or pool shoes only when on deck

No food or drink in pool area

Do not use diving boards

Swimmers under 13 must be accompanied by adult

Abide by all State Bather Regulation Codes posted on deck