

Municipal Alliance Resources

Mental Health Resources (Local and State)

- [Bridgeway Psychiatric Emergency Screening Service \(PESS\)](#) (Call 877-692-5664)
- [NJ Mental Health Cares](#) (866-202-4357)
- [NJ Suicide Prevention Hopeline](#) (855-654-6735)
- [2nd Floor Youth Helpline New Jersey](#) (call or text) 888-222-2228
- [Family Intervention Crisis Unit](#) (908-704-6330)

Health and Human Services (Local and State)

- [Montgomery Township Food Pantry](#) Phone: 609-466-1054
- [Montgomery Township Senior Services](#) Phone: 609-466-0846
- [Montgomery Township Affordable Housing](#) 908-359-8211 x 2206
- [Food Bank Network of Somerset County](#) Phone: (732) 560-1813
- [211 New Jersey](#)- Comprehensive Health and Human Services website, call 2-1-1
- [Somerset County Youth Services](#) Phone: 908-704-6333
- [Zufall Health Center](#) (908-526-2335)

General Substance Use Prevention (Local and State)

- [Empower Somerset](#) (908-722-4900)
- [New Jersey Prevention Network \(njpn.org\)](#) (732-367-0611)
- [ReachNJ](#) (844-732-2465)

Marijuana Resources

- [Marijuana- Review of the Public Health Impacts of Marijuana In the Context of Recreational Marijuana Legalization](#)
- [Know the Negative Effects and Risks of Marijuana Use | SAMHSA](#)
- [MARIJUANA - THE RISKS ARE REAL \(samhsa.gov\)](#)
- [Johnny's Story • Johnny's Ambassadors \(johnnysambassadors.org\)](#)

Alcohol Prevention Resources

- ["Talk. They Hear You."® Underage Drinking Campaign | SAMHSA](#)

- Underage Drinking Prevention - Prevention Resources Inc (njprevent.com)
- Prevention Action Alliance - Leading healthy communities in the prevention of substance misuse and the promotion of mental health wellness

Tobacco Resources (Local and state)

- [NJ QuitLine \(smoking\)](#) (866-657-8677)

Opioid resources (Local and State)

- [Rx / Opioid Education - Prevention Resources Inc \(njprevent.com\)](#)
- [Drug Free NJ - Home](#)
- [Narcotics Anonymous of NJ](#) (800-992-0401)
- [NJ CONNECT For Recovery](#) (855-652-3737)
- Prevention Action Alliance - Leading healthy communities in the prevention of substance misuse and the promotion of mental health wellness
- [Medicine disposal drop boxes](#)

National Resources

- [Addiction & Substance Abuse Hotline](#) (211 or 800-238-2333)
- [Alcohol Anonymous Have a problem with alcohol? There is a solution. | Alcoholics Anonymous \(aa.org\)](#)
- [Al-Anon Family Groups](#)
- [American Cancer Society](#)
- [Centers for Disease Control and Prevention \(cdc.gov\)](#)
- [SAMHSA - Substance Abuse and Mental Health Services Administration](#)
- [Suicide & Crisis Line](#) (dial 988)
- [The Partnership for Drug Free America](#)
- [NIDA for Teens | National Institute on Drug Abuse \(NIDA\)](#)
- [National Eating Disorders Association](#)
- [U.S. Department of Health and Human Services Office of the Surgeon General Tobacco Cessation](#)
- [U.S. Dept. of Health and Human Services](#)

Substance Abuse Overview Reports

- 2022 Substance Abuse Overview Report Somerset County: [Som.pdf \(nj.gov\)](#)
- 2022 Substance Abuse Overview Report Statewide: [Statewide.pdf \(nj.gov\)](#)
- 2021 Substance Abuse Overview Report: [Som.pdf \(nj.gov\)](#)
- 2020 Substance Abuse Overview Report: [Statewide.pdf \(nj.gov\)](#)

- 2019 Substance Abuse Overview Report: [Som.pdf \(nj.gov\)](#)