

Cheerleading

Event Date

Thu, May 23 2024, 5:30 - 8:30pm

Weekly on Thursday at 5:30pm until Thu, Jun 13 2024

Recent

- Thu, May 16 2024, 5:30 - 8:30pm

Upcoming

- Thu, May 30 2024, 5:30 - 8:30pm
- Thu, Jun 6 2024, 5:30 - 8:30pm
- Thu, Jun 13 2024, 5:30 - 8:30pm

CHEERLEADING

This program will teach cheerleading fundamentals including: stunting, tumbling, jumps and dance. This program will be offered for two skill levels and will culminate in the showcase of a cheerleading routine.

Level 1 (Green Team): This is for entry level cheerleaders. You will work on forward and backward rolls, cartwheels, roundoffs and walkovers (as appropriate). Athletes will learn waist level singleleg stunts and shoulder level two-leg stunts.

Level 2 (Gold Team): Athletes at this level should have either a roundoff with a rebound (or more advanced skill) and/or prior cheerleading experience. You will work on roundoffs, walkovers and back handsprings (as appropriate). Athletes will learn shoulder level one-leg stunts and extended level two-leg stunts.

Dates: Thursday's April 11 - June 13

Times: Level 1 (Green) - 5:30pm - 7:00pm

Level 2 (Gold) - 6:30pm - 8:30pm

Grades: K-8

Location: OKCC

Fee: \$250 (an additional \$25 will be added to your account if your child is placed on the gold team)

