

# MONTGOMERY RECREATION DEPARTMENT

December 2011 ISSUE

Otto Kaufman Community Center • 356 Skillman Road, Skillman, NJ 08558

Monday – Friday, 8:00 am – 9:00 pm

Tel (609) 466-3023 • Fax (609) 466-6761

Our Quarterly Newsletter is always available online. From [www.twp.montgomery.nj.us](http://www.twp.montgomery.nj.us) (homepage) select “Newsletter”. Click “Recreation News” to read about our present events and offerings. The Registration form is always the last page. You can also access the Recreation Newsletter (directly from our Recreation site) at [www.leaguelineup.com/montgomeryrecreation](http://www.leaguelineup.com/montgomeryrecreation).

We offer [On-line Registration](#) through Community Pass. Follow links found on the Recreation pages of the township website and select “Montgomery” from the drop down box of town names. The first time you use Community Pass, it requires you to set up a user name and password. You set up a simple profile for each member of your family. Once you are registered in the system, the system automatically lists which programs are currently available to any member of your family (by age & sex). When registering on-line, you must use a credit card to make payment. The current convenience rate for credit card payments is 2.99% of your total transaction. The direct link for online registration is <https://register.communitypass.net>.

**Please register before a session begins! A late fee of \$25 applies when registering on the 1st day of the session or after a class begins. Late fees do not apply to those attending a free demo class.**

**THANK YOU for your participation!**

**The Montgomery Senior Center is selling 2012 Entertainment Books for \$30 –**

**All proceeds will fund new programs & activities – please contact Denise Crowley at 609-466-0846!**

**New Bus Trips will be advertised in our March (spring) Newsletter. We welcome your ideas and feedback! Please email Pauline at [pcarr@twp.montgomery.nj.us](mailto:pcarr@twp.montgomery.nj.us) if you have a particular request for a Broadway play, museum or any other venue.**

## SANTA’S CALLING!

Santa will call the children in town to wish them a happy holiday on **Tues & Weds evening, Dec 13 & 14 from 6:30 – 9:00 pm**. This activity is for kids, **ages 2-8** who **believe**. Forms for Santa will be given to Kid Connection & available as attachment to township website in early December ([www.leaguelineup.com/montgomeryrecreation](http://www.leaguelineup.com/montgomeryrecreation)). Forms will also be available at the Recreation Office in early December. Please return them to office no later than Dec 9 so we can forward them to the North Pole!

**Santa really needs your help! Last year Santa spoke to over 700 children in our community! Please consider a few hours to help Santa — call 609-466-3023!**

## HOLIDAY SING-ALONG!

Please join us for a festive celebration of the December holidays featuring a sing-along, tree lighting & refreshments. Pictures with Frosty the Snowman! (Remember a camera & flashlight!)

**Date:** Monday, Dec 5

**Time:** 7 – 8 pm

**Location:** OKCC Senior Center

*Call the Recreation Department for further info!*

## Montgomery Recreation’s Valentine’s Dance

This is a fun-filled evening of dancing, games and light refreshments for dads and their little girls. Music is provided by Sound Choice DJ.

**Date:** Friday, Feb 10      **Time:** 7:00 – 9:00 pm

**Ages:** K – 6th Grade

**Location:** Otto Kaufman Community Center

**Cost:** \$20 per girl (**Dads are FREE but must attend!**)

Limited availability; *please sign up early!*

## WINTER BALLROOM DANCE LESSONS

Learn to dance like the stars! Prepare for weddings, proms and reunions! Ballroom dancing conditions the body, strengthens & tones legs & body, increases flexibility & balance, relieves stress and helps with weight loss! Learn the basics of partner dancing with an introduction to fox trot, waltz and swing dancing. Develop poise, grace, coordination and self-esteem! For the Intermediate/Advanced students, a Latin workshop will be held where students decide to rumba, meringue, cha-cha, mambo, samba or tango!

**Dates:** Wednesdays, Feb 8, 15, 22 & 29

**Times:** **Beginners** ~ 7:30 – 8:30pm      **Advanced** ~ 8:30 – 9:30pm

**Location:** Otto Kaufman Community Center Gym

**Instructor:** Candace Woodward-Clough with 30 + years of professional dancing, choreography and teaching

**Cost:** \$95 per couple (4 week session)

## Adult Exercise Classes

All classes are held at OKCC. **Call 609-466-3023 to schedule a free demo for any exercise class!** All levels of experience are welcome! We do not prorate. Make-ups are permitted (during session, in any another exercise class w/instructor permission as space allows).

### Class Descriptions:

**Mat Pilates** Stimulate your body & mind! Pilates focuses on the body's core stability, enhancing control, coordination, endurance, balance, & flexibility. By toning and strengthening the abdomen, you improve posture & help prevent injury by strengthening muscles that support the spine. Pilates is the ultimate toning and abs workout! 45 minute classes are for beginners & advanced; **bring mat & water!**

**Yoga** improves the function of the physical body while calming the mind. Increased flexibility, improved circulation and a positive outlook can all be attained through regular yoga practice. This Integral Yoga class includes meditation, breathing practices, asanas & deep relaxation. No yoga experience needed. **Bring mat & blanket.**

You may email [trish@verbeyst.com](mailto:trish@verbeyst.com) for more info.

**Tai Chi 24 Form:** This is a simplified form of Tai Chi and exercise for everyone. It consists of 24 postures, taking between four and eight minutes to perform. The Beginner 24 form enables beginners, old & young, to improve concentration, posture, flexibility & sleep. It is one of the most effective ways to both strengthen and relax the body and mind with emphasis placed on conditioning the "core" muscles surrounding the torso, back and thighs.

**Qi Gong: Eight Pieces of Brocade** Qi Gong is an aspect of traditional Chinese medicine with deep breathing and slow rhythmic movements. Eight Pieces of Brocade involve the coordination of different breathing patterns with various physical postures and motions of the body. Although there are only eight exercises/postures in this form they energize the body unlike any activity. Widely recognized to reduce stress and improve health, it is one of the most popular sets of Qi Gong healing exercises. Gentle breathing, stretching and strengthening movements activate the Qi energy and blood circulation in your body, helping to stimulate your immune system, internal organs and give you abundant energy!

**Zumba Toning: Zumba®** is a fusion of Latin & International music that utilizes the principles of fitness interval & resistance training for maximum caloric output, fat burning & total body toning. This toning class combines targeted body-sculpting exercises & high-energy cardio work with Latin-infused Zumba moves to create a calorie-torching, strength-training dance fitness party. Students use lightweight, maraca-like Toning Sticks to tone target zones, including arms, abs, glutes & thighs. **BRING WATER!**

### Instructors:

**Susan Sheppard** (Mat Pilates), NETA, AAAI/ISMA

**Lori Gordon** (Pilates & Zumba Toning, Zumba, Inc Licensed, Powerhouse Pilates Certified)

**Trish Verbeyst** (Yoga), RYT, IYTA

**Bob Beck** (Tai Chi 24 Form and Qi Gong), Strength & Conditioning Instructor & Certified Life Coach

### Lori's Exercise

**Cost:** \$60/6 wk session (\$115, 2x wk)

**Zumba Toning (Program Rm or Gym)**

**Mondays 6:00 – 7:00pm**

**Session 1:** Dec 12 - Feb 6 (no class 12/26, 1/2 & 1/16)

**Session 2:** Feb 13 – Mar 26 (no class 2/20)

**Tuesdays 10:00 – 11:00am**

**Session 1:** Dec 13 – Jan 24 (no class 12/27)

**Session 2:** Feb 7 – Mar 13

**Thursdays 10:45 – 11:45am OR 5:00 – 6:00pm**

**Session 1:** Dec 15 – Jan 26 (no class 12/29)

**Session 2:** Feb 9 – Mar 15

**Pilates (Program Rm/Gym)**

**Mondays 5:00 – 6:00pm**

**Session 1:** Dec 12 – Feb 6 (no class 12/26, 1/2 & 1/16)

**Session 2:** Feb 13 – Mar 26 (no class 2/20)

### Mat Pilates with Susan

**Cost:** \$100/10 wks (\$190, 2x wk)

**Time: 9:15 – 10:00am**

**Dates (10 wks) (Gym)**

**Mondays,** Jan 9 – Mar 26 (no 1/16 & 2/20)

**Thursdays,** Jan 12 – Mar 15

### Yoga with Trish

**Cost:** \$80/6 wks; \$150 for both sessions (12 wks)

**Tuesdays: 6:30 – 8pm (Sr Ctr)**

**Session 1:** Dec 13 – Jan 24 (6 wks, no class 12/27)

**Session 2:** Feb 7 – Mar 13 (6 wks)

### Bob's Fitness

**Cost:** \$60 per class (6 wk session)

**Thursdays (Program Room)**

6:30 – 7:15pm **Tai Chi 24 Form**

7:30 – 8:15pm **Qi Gong: Eight Pieces of Brocade**

**Session 1:** Dec 15 – Jan 26 (no 12/29)

**Session 2:** Feb 9 – Mar 15

## AQUATICS PROGRAM

Our Aquatics Director is Cory Delgado. If you have specific questions regarding any swim instruction class, you may email Cory at [corydelgado@yahoo.com](mailto:corydelgado@yahoo.com).

We offer youth swim instruction for ages 4 and up. Beginner, Advanced Beginner, Intermediate and Advanced classes are held Tuesday and Thursday evenings and Saturday mornings. The next schedule will be advertised in our March (Spring) Newsletter. Tuesday/Thursday evening classes are not held December through February when the Montgomery Marlins practice. A Saturday session will be held December 3 through February 4. This session was advertised in the September Newsletter and is predominantly filled. You may call Recreation (609-466-3023) for any possible openings. **A new spring schedule will be advertised in the March (Spring) Newsletter and will contain youth instruction classes for Tuesday/Thursday evenings and Saturday mornings. Saturday Springboard Diving lessons will also be offered. Evening classes will begin March 6 and Saturday classes will begin March 10. Registration will begin March 1.**

## POOL MEMBERSHIPS

Dates of use: Sept 6, 2011 – Aug 6, 2012

The pool is located at Montgomery High School, 1016 Route 601 in Skillman. It is easily accessed from the Skillman Road entrance near Cougar Stadium.

Members are entitled to use pool during operating hours for LAP SWIMMING ONLY:

We strongly recommend you do not bring children under age 13 to the pool for lap swimming unless they are strong, experienced swimmers. At least two lanes are always open for Lap Swim. Thank you for your cooperation.

**HOURS:**

Mon – Fri, 6pm – 9pm (5:30pm for seniors) and Sat, 9am – 2pm

- Family                 \$ 215
- Individual            \$ 110
- Senior/Student      \$ 50
- 10 Daily tickets     \$ 55

Pool Membership forms are available at the Recreation Office. Pool rules are given to all members.

## Winter Dance Classes

**Maura Ryan** attended the Dance Conservatory at SUNY Purchase College & completed a BFA in Dance Performance. She has taught for the Belle Mead Ballet School and presently teaches at the Princeton Dance and Theatre Studios.

### CLASS DESCRIPTIONS:

**Tutu Ballet** A great introduction to dance. This class incorporates simple dance movements, coordination & motor skills in a fun, creative environment using music & games. 3 year olds must be potty trained!

**Ballet** Classical ballet is taught. Barre, center & floor work will be covered.

**Tap** An introduction to tap dance including soft shoe, trenches, Indian jumps, etc.

### FRIDAYS

10:15 – 11:00am Tutu Ballet (3 – 4 yrs)

11:00 – 11:45am Ballet (5 – 6 yrs)

11:45 – 12:30pm Ballet/Tap (3 – 4 yrs)

2:30 – 3:15pm Ballet/Tap (4 – 6 yrs)

Dates: Fridays, Jan 6 – Mar 16 (no class 2/17)

Cost: \$100 (per 10 week class)

Location: OKCC Dance Studio

## Fitness and Friendship for Girls

**For girls in grades 3, 4 & 5!** *Fitness & Friendship* is an eight week program designed to increase each girl's fitness level and enhance her self-esteem. The emphasis is not on competition, but on having fun, playing athletic games, talking about peer pressure, and celebrating the strengths of friendship. Girls should wear sneakers and play clothes and bring a full water bottle to class.

**Dates:** Saturdays, Jan 7 – Mar 3 (no class 2/18)

**Time:** 10:15 – 11:30am

**Cost:** \$105

**Location:** OKCC Gym

**Instructor:** Diane Fay leads the highly successful Girls on the Run & Girls on Track programs for girls in grades 3 – 6 in Montgomery. In addition to teaching English for 11 years, Diane has coached sports programs for girls & women for 30 seasons.

For questions, you may email Diane at [DBardesFay@aol.com](mailto:DBardesFay@aol.com) -

## Speed & Agility Training for Grades 8 & up

This is a two part program geared to make you a better athlete. Part one focuses on how to stop, start, accelerate, change direction laterally & horizontally, and control your body while playing sports. The second portion is designed to improve running form, footwork, stride frequency, stride length & efficiency. This is NOT a conditioning program: the goal of each 45 minute session is EXPLOSIVE POWER for all sports!

### Athletes Grades 8 & up:

**Dates:** Mondays & Wednesdays, Jan 9, 11, 18, 23, 25, 30,  
Mondays & Wednesdays, Feb 1, 6, 8, 13, 15 & 22

### Times:

**Mondays:** 5:05 – 5:50pm

**Wednesdays:** 5:35 – 6:20pm

**Location:** OKCC Gym

**Cost:** \$125(12 sessions, 2 classes per week)

**Instructor:** James Griffin, MHS/NJ-certified teacher, CSCS, USAW, PES, NASE –

[coachgriffscs@gmail.com](mailto:coachgriffscs@gmail.com) or call 609-915-7414

## WINTER BREAK FAL-ROONEY CUP (DEC 29 & 30 CAMP!)

**GRADES 1<sup>ST</sup>-8<sup>TH</sup>** Held during winter break when schools are closed, this is the perfect place for your kids to get exercise & have tons of fun participating in exciting games. Events include Dodge Ball, Capture the Flag, Relay Races and more. We focus on teamwork and sportsmanship while teams compete to earn the most points to win the coveted Fal-Rooney cup! Wear sneakers and bring lunch, snacks & water. Limit for camp is 48 – sign up ASAP!

**Directors:** Johnny Rooney, Suzanne Trautwein, Mike Falco & Erich Trautwein

**Location:** OKCC Gym

**Cost:** \$99

**Date:** Thurs & Fri, December 29 & 30

**Time:** 9am-1pm

## Winter Sport Squirts for 3 – 5 yr olds

US Sports Institute offers the perfect introduction to sports in a safe, structured environment! All sports are developed through a series of games and activities designed to ensure learning and most importantly: fun, fun, fun! In addition, children will develop social interaction and communication skills. Soccer, basketball, t-ball, hockey, lacrosse and parachute will be introduced. Hand/eye coordination, balance, agility and movement are incorporated in all sessions. Visit US Sports Institute website at [www.USsportsInstitute.com](http://www.USsportsInstitute.com) for more info! Remember water bottle!

**Dates:** Fridays, Jan 27 – Mar 23 (no class 2/17 & 2/24)

**Time:** 12:30 – 1:30pm

**Location:** OKCC Gym

**Ages:** 3 – 5 yr old

**Cost:** \$135 (7 weeks, includes certificate)

## Math and Reading Enrichment

### For children in Kindergarten and PreK (ages 4-6):

Come have fun with friends while learning Math and Reading skills at the same time. Many hands-on activities are geared toward enriching your preschool or kindergarten experience. Learn new songs, play games and listen to stories. Learn with friends like Clifford, Curious George, and Dr. Seuss. Listen to stories from AlphaTales and songs from Word Family Sing-a-long. Use Sight Word Readers to increase your vocabulary. Learn songs like, Can a Cockatoo Count by Two and, Rock, Rap, Tap and Learn. Play games like Bingo and I Spy.

**Dates:** Tues & Thurs, Jan 10 – Mar 6 (no class 2/2)

**Time:** 1:15-2:45pm

**Cost:** \$195 (includes all materials)

**Instructor:** Mary Traub ( Master's Degree in Education, NAEYC member, 19 years teaching experience, ten years as teacher of preschool/ preschool enrichment/ kindergarten enrichment)

**Location:** OKCC Meeting Room

## Indoor Winter *Petite* Soccer

A fun introduction for 3, 4 and 5 year-olds to the world of soccer through an activity-based program! Emphasis is on a “Games Based” approach to coaching soccer within a fun learning environment. Each child will participate in a small group setting with professional U.K. Elite Soccer coaches. Parents are welcome to stay and join in on the fun. Kids should wear sneakers or IN-DOOR soccer shoes. Bring a water bottle! **SIGN UP FOR SPECIFIC DAY/TIME SLOT ON REGISTRATION FORM!**

Limit – 12 children per class – Sign up ASAP!

**Dates:** Wednesdays, Jan 18 – Mar 7

**Times:** 10:30-11:30am **OR** 1:00-2:00pm

**Dates:** Thursdays, Jan 19 – Mar 8

**Times:** 10:30-11:30am **OR** 1:00-2:00pm

**Cost:** \$150 (8 wks – incl t-shirt) **Ages:** 3-5 years old

**Location:** OKCC Gym

**Instructors:** U.K. Elite Soccer, Inc., (Andrew Broadbent, Director)

## NEW! Zumbatomic for 8 – 12 year olds

Designed exclusively for kids, Zumbatomic classes are rockin', high-energy fitness parties packed with specially choreographed, kid-friendly routines with all the music kids love, like hip-hop, reggaeton, etc. Zumbatomic increases focus & self-confidence, boosting metabolism and enhancing coordination.

**Dates:** Thursdays, Feb 9 – Mar 15

**Time:** 4:15 – 5:00pm

**Cost:** \$60 (6 weeks)

**Location:** OKCC Program Room

**Instructor:** Lori Gordon, Zumba, Zumbatomic & Zumba Toning Licensed

**AGES:** 8 – 12 YEARS

## WINTER FAL-ROONEY XFL

**For Boys & Girls in Grades 1 – 8!** Fal-Rooney Olympic Camp is continuing to take the fun of its summer camp program to a new level this winter! The *Extreme Fal-Rooney League* will run for seven weeks and boys and girls will compete in all of the Fal-Rooney favorites! Under the direction of Coach Rooney, each weekly 75 minute session will concentrate on two Fal-Rooney Olympic sports such as Dodge Ball and Kickball, Basketball and Soccer, M\$ney Ball and Meteor Ball. Competitors will learn the origin and rules of the game and then compete in a number of exciting rounds of play. Just like in Fal-Rooney summer camp, points will be awarded, and at the end of the XFL's seven weeks, one team will be declared XFL Champion!! Consistent with the Fal-Rooney philosophy, the XFL will emphasize the importance of good sportsmanship. In addition, XFL Coaches will focus on building the self-esteem of the participants and give campers the tools and resources necessary to help them improve both their emotional and physical health. The ultimate goal of the XFL is to empower its campers with a greater self-awareness, a sense of achievement and a strong foundation in team building all while *making new friends*, getting *great exercise* and having *eXtreme FUN!!*

**COST:** \$139 (includes a bottle of water each session & awards ceremony/pizza party at the last class)

**DATES:** Wednesdays, December 14 – February 1 (7 weeks, no class 12/28)

**LOCATION:** Otto Kaufman Community Center Gym

**Grades & Times:**

**Boys & Girls Grades 1 - 8:** 4:15pm – 5:30pm

**Instructor:** Directed by Johnny Rooney, OHES Phys Ed teacher

## Fine Arts Painting & Drawing with Mrs. O'Connor

For 3rd & 4th graders at VES! A variety of drawing & painting techniques will be explored while creating images from life & imagination. Students will hone skills, learn new techniques & develop a sense of perspective.

**Session 1:** Weds, Jan 4, 11, 18 & 25

**Session 2:** Tues, Feb 7, 14, 21 & 28

**Time:** 4:00 – 5:00 pm

**Location:** VES Art Room # 115

**Cost:** \$80 per session (includes all materials)

**Instructor:** Jennifer O'Connor, VES Art teacher

## Winter Fencing for all Ages

For ages 8 & up! Learn a sport that spans centuries and is one of the oldest martial arts. Fencing conditions the body and develops balance and coordination. Learn proper form, technique and etiquette while having fun! All beginning fencing equipment is available (to purchase or to borrow for class). 7pm Intermediate class focuses on footwork and conditioning, drills and tactics and foil fencing with a partner. Gain confidence, finesse & a great preparation for the high school varsity sport!

**Dates:** Thursdays, Jan 19 – Mar 8

**5:00 – 6:00 pm: 8 -11 yr olds (Beginners)**

**6:00 – 7:00 pm: 12 & up (Intermediates/Advanced)**

**Cost:** \$250 (8 wks) w/borrowed equipment; \$220 if you have (or buy from instructor) set

**Location:** OKCC Gym

**Instructor:** Marcos & Ivanka Lucchetti, Lucchetti Fencing, LLC

## After School Karate at OHES

**Instructors:** Master Eileen Whitney & Master Christian Whitney, 8th Degree Black Belt Kyoshi Masters

**Held at OHES West Gym for grades K - 2 & up**

### BEGINNER & INTERMEDIATE KARATE/NINJA TRAINING

Develop coordination & discipline through the learning of karate skills. Blocking, evasion, stretching, upper body exercises & kicks, rolls, stealth, ninja stances, obstacle course and more! Note: This course is for beginners & those who need a refresher & includes Intermediate Karate. We work to attain a Yellow Belt. Students are given paperwork outlining the requirements & follow the instructors in 15 upper body exercises and 11 basic kicks. Group testing/ceremony on March 15th; parents are invited to attend the Yellow Belt ceremony.

**Dates:** Thursdays, Jan 12 – Mar 15

**Time:** 4:00- 5:00pm

**Cost:** \$125 (10 weeks)

### ISSHINRYU ADVANCED KARATE

This class is for students who have attained rank: yellow, blue, green, purple belts. Each rank works towards their next goal & perfecting past requirements. Additional forms & self-defense is taught with each advancing rank. Students must practice at home. Additional forms & self-defense is taught with advancing ranks. Proper dress code must be followed by students wearing the proper gi (uniform) and obi (belt) to each class.

**Date:** Fridays, Jan 13 – Mar 16 (no 2/17)

**Time:** 4:00- 5:00pm

**Cost:** \$115 (9 weeks)

## Prepare for the January 2012 SAT

This is your opportunity to prepare for and then ace the January 28, 2012 SAT. Students receive 33 hours of instruction from two outstanding educators. Mr. Larry Krieger is the author of two books for the SAT. Under his leadership SAT scores at Montgomery High School rose over 100 points culminating in a state championship for the class of 2005. Mr. Michael D'Alessio is the Supervisor of Mathematics at Watchung Hills Regional High School. He has won three Teacher of the Year awards in the last eight years. This comprehensive course will teach students the critical reading, writing and mathematical skills they need to make exceptionally high scores on the SAT.

**AGES: Grade 11 (Grade 10 if space allows)**

**Dates: Tuesdays and Thursdays, Dec 13, 15, 20, 22, Jan 3, 5, 10, 12, 17, 19, 24, 26 & 27 (Friday before test)**  
(13 classes, no class 12/27 & 29)

**Time:** 6:00 – 8:30 pm (Students receive both math and reading/writing each night).

**Location:** Upper Middle School Rm # B-101 & 102

**Cost:** \$650 (includes all study materials)

**Instructors:** Larry Krieger & Michael D'Alessio

**Register ASAP!**

## INTRO TO PIANO AND KEYBOARD AND INDIVIDUAL LESSONS

**FOR GRADES K– 2ND - Location for all lessons is OHES Room 161.**

**Introductory** class is for children with no formal piano background. Children will learn the basic concepts of piano through keyboard piano games and fun activities. This class makes learning and piano-playing fun! **Children must be able to read and write!**

**CLASS LIMIT:** 6 STUDENTS

**Dates:** Weds, Jan 18 – Mar 7

**Time:** 4:00 – 5:00pm

**Cost:** \$180 (8 weeks – includes all materials)

**INDIVIDUAL:** Each one-on-one lesson is 20 minutes & immediately follows the group sessions.

**Children must be able to read and write and have a piano or keyboard to practice on their own. Personal transportation arrangements are required.**

**CLASS LIMIT:** 3 STUDENTS TOTAL - 1. 5-5:20pm, 2. 5:20-5:40pm, 3. 5:40-6pm

**Dates:** Weds, Jan 18 – Mar 7

**Time:** 5 -6 pm (children can be dropped off at 5:00pm & picked up at 6pm)

**Cost:** \$260 (8 weeks, includes all materials)

**Instructor:** Jess Aggabao, private piano instructor and for the Jointure in Hillsboro – you may email [jessaggabao@hotmail.com](mailto:jessaggabao@hotmail.com) for more info.

## After-School Chess

Chess helps to develop skills such as critical thinking in a changing environment and problem solving. Dean Ippolito, LLC is a premier chess instruction company whose world-class instructors provide stimulating, entertaining lectures that motivate students to master the game of chess. Interactive lectures coupled with supervised play provide reinforcement for the new concepts introduced each week.

**Beginners through advanced students are welcome!**

**Please state on registration form beginner, intermediate or advanced.**

**Students will be divided by skill level.**

**Instructor:** Dean Ippolito, LLC & Associates

**Cost:** \$185 (8wks)

**Grades 1 & 2 at OHES:**

**Dates:** Tues, Jan 17 – Mar 6

**Time:** 4:00-5:00pm

**Location:** OHES Room # 160 & 162

**Grades 3 & 4 at VES:**

**Dates:** Thurs, Jan 19 – Mar 8

**Time:** 4:00 - 5:00pm

**Location:** VES Room # 311 & 313

## After-School Acting Classes

*Classes are presented by Youth Stages, LLC.*

Please see [www.youthstages.com](http://www.youthstages.com) or call Jean/Youth Stages at 609-430-9000 for specific questions.

Classes are \$140 per 8-week session. Class limit: 15

### **PLAYtime for Gr. K - 2:**

Children explore visual arts, music, movement, & storytelling as they dramatize stories. They develop expression & self-confidence by playing with language & pantomime.

**Dates:** Weds, Jan 18 – Mar 7      **Time:** 4:00 – 5:00pm

**Location:** OHES Rm # 160

### **PLAYing Around with Theatre for Gr. 3 & 4:**

Students become other characters, vocally & physically, discuss plot possibilities and cooperate with one another as they create their own improvisational scenes.

**Dates:** Fri, Jan 13 – Mar 9 (no class 2/17) **Time:** 4:00 – 5:00pm

**Location:** VES Rm # 200 (Chorus Room)

## MATH GAMES for 3<sup>rd</sup> & 4<sup>th</sup> Grade

Hey, parents and kids! Imagine a typical math lesson in the classroom. However, take away the boring worksheets! We will devote 1/2 of our sessions playing various math games such as Number Top-It, Beat the Calculator, 24, and much more. The other portion of our sessions will consist of solving brainteasers and problem-solving. If you enjoy math games, challenging yourself, and having fun then this class is for you!

**Dates:** Mon, Jan 9 – Mar 12 (no class 1/16 & 2/20)

**Time:** 4:00 – 5:00pm

**Ages:** Grades 3 and 4

**Cost:** \$140

**Location:** VES Rm # 110

**Instructor:** Dawn James, 3rd grade VES teacher

## Robots, Robots, Robots with Computer Explorers

For Grades K – 2: Our kid-friendly robots are just waiting for your child to tell them what to do. The robots will draw, play music and navigate through obstacle courses. Our students will all be winners as they learn about robotics and programming as well as fine tune their math and computing skills. We will even work with virtual robots on the PC. Our classes are designed for “learning through doing” with hands-on team activities.

So put your child in “command” today!

**Dates:** Weds, Jan 18 – Mar 7      **Time:** 4:00 – 5:00pm

**Location:** OHES, Room #164      **Cost:** \$145 (8 weeks - includes all materials)

**Limit** – 12 students

**Instructor:** Laura Leonard – Co-Director of Computertots Computer Explorers

For more details, go to their website – [www.computerexplorers.com/62](http://www.computerexplorers.com/62).

For specific questions regarding the class, email the instructors – [computerexplorers62@comcast.net](mailto:computerexplorers62@comcast.net).

## VIDEO ANIMATION AND GAME MAKING WITH COMPUTER EXPLORERS

For grades 3&4: Dive into the world of video animation by creating characters that dance, sing and interact with one another. We are creating these animations with gaming in mind. Add sound effects and music clips to create a dynamic video animation clip using Scratch, the innovative programming language created just for kids by the MIT Media Lab. The first class will be brief review for those students who took Video Animation in the fall session and we’ll add advanced skills as we develop and examine games.

**Dates:** Mon, Jan 9 – Mar 12 (no 1/16 & 2/20)

**Time:** 4:00 – 5:00pm

**Location:** VES, Room #305

**Cost:** \$145 (8 weeks - includes all materials)

**Limit:** 12 students

**Instructor:** Laura Leonard – Co-Director of Computertots Computer Explorers

For more details, go to their website –

[www.computerexplorers.com/62](http://www.computerexplorers.com/62).

For specific questions regarding the class, email the instructors – [computerexplorers62@comcast.net](mailto:computerexplorers62@comcast.net).

## INTRODUCTION TO VIDEO GAME DESIGN with Computer Explorers

Grades 5&6: Student teams will experiment with three video game design programs. Students will create and design their own characters, design the action or edit the outcomes as they story board and design their video games. One of the programs can be downloaded for free after the class is completed. Our classes are designed for “learning through doing” with hands-on team activities.

**Dates:** Thurs, Jan 19 – Mar 8

**Time:** 3:00 – 4:00pm

**Location:** LMS, Rm # B-10

**Limit:** 12 students

**Cost:** \$145/student (8 weeks, includes all materials)

**Instructor:** Laura Leonard – Co-Director of Computer Explorers (For more details, go to their website – [www.computerexplorers.com/62](http://www.computerexplorers.com/62). For specific questions regarding the class, email the instructors – [computerexplorers62@comcast.net](mailto:computerexplorers62@comcast.net).)

**Montgomery Recreation – 609-466-3023****SENIOR CITIZENS, INC.**

If you are a Montgomery Township or Rocky Hill resident, 55 years of age or older, you are eligible to join! Call, President, Mary Ann Symonoski at 908-359-6022.

**INFORMATION & RESERVATIONS**

**Atlantic City & Bus Trips – Muriel Kellenger: 908-874-3626**

Thursday, December 9 – Holiday Luncheon at Tusk Restaurant in Skillman, 12 noon

There are no Atlantic City trips in December and January. Please contact Muriel for February trip date.

**FREE EMS BLOOD PRESSURE READINGS AT MONTHLY MEETINGS!**

**IF SEATS ARE AVAILABLE, YOU DO NOT HAVE TO BE A MEMBER OF THE MONTGOMERY SENIOR CITIZENS GROUP TO PARTICIPATE IN THE ABOVE ACTIVITIES.**

**(EXCEPTIONS INCLUDE PICNICS, HOLIDAY LUNCHEONS AND MONTHLY MEETINGS).**

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**MONTGOMERY SENIOR CENTER**

We are located at the **Otto Kaufman Community Center-356 Skillman Rd, Skillman, NJ 08558**. We welcome new members 60+ years. No dues are collected; attend as many times a week as you wish. The Center is open Mon-Fri, 9am-1pm, for Somerset County run activities & bus transportation. However, the building remains open for use until 4:30pm. Hot lunch is served for a suggested donation of \$1.50. Manager Denise Crowley sets up lunches & activities. To add or cancel a lunch, you must call (609) 466-0846 by 10:30am, with 24-hour notice

**To register for the Senior Center, please contact Denise Crowley at 609-466-0846. Transportation to the center is handled by Somerset County Transportation - (908) 231-7115 or 1-800-246-0527.**

**24-hour notice for pick-ups & cancellations is required.**

**December Calendar**

**Blood Pressure Screening** – Third Monday of the month 9:45am

**Exercise** – Every Monday, 10:15

**Yoga** – Tuesday, Friday Call for schedule, 10:30

**Zumba Gold** – Tuesday, 11:00 Call for schedule

**Dance Class w/Dawn** – Friday/Wednesday Call for Schedule

**Walking Club** – Every Wednesday, 10:30

**ESL Chinese** – Every Tuesday

**Beginners Computer Class** – Every Thursday - Call to sign up; limited seating.

**Computer Resource** – Every Thursday, Call to sign up limited seating.

**Bridge** – Every Thursday 10:30

**Card Game** –“3-13” Every Thursday

**Laughter Class** – Call for schedule

**Tai Chi Class** – Call for schedule

**Pool Table** – Available Daily

**Art of the Masters** – Program every Month; Call for schedule

**Birthday celebration** – last Friday of the Month

Plus much more! Call or email for detailed calendar of events

dcrowley@twp.montgomery.nj.us

**WE LOOK FORWARD TO SEEING YOU!**

**Recreation Staff: M-F, 8:00 am – 4:30 pm (Lou Hours, 4-9pm)**

Karen Zimmerman, Director  
 Pauline Carr, Program Coordinator  
 Helene Lis, Secretary  
 Lou Vaccaro, Evening Desk  
 Laure Scasserra, Kid Connection Director  
 Ellen Elgort, Kid Connection After-school Supervisor  
**Kid Connection: 908-359-2111**  
**Senior Center (Denise Crowley) 609-466-0846**  
**Food Pantry (Denise Crowley) 609-466-1054**  
**Sports Hotline:(for Field Cancellations) 800-731-8412**

**Recreation Committee Members**

Peter Treichler, Chair  
 George Jarvis, Vice Chair  
 Kurt Perhach  
 Anne St. Mauro  
 John Vasilik, Alternate I  
 Cliff Wilson  
 Benton Camper, Jr.  
 Dave Colonna  
 Bala Naik, Alternate II

**LIAISONS:**

**Montgomery Schools: Cory Delgado, MHS, VP**

**Independent Sport League Organizations**

**Montgomery Recreation does NOT run these programs. They are independent.**

**Montgomery Youth Baseball & Little League:**

Joe Gerdes 908-281-5276 [www.montgomerybaseball.com](http://www.montgomerybaseball.com)

**Montgomery Girls Softball:**

Daniel O'Connor 908-281-6394 [www.montgomerysoftball.com](http://www.montgomerysoftball.com)

**Montgomery Jaguars Girls Travel Softball:**

Anthony Uva 908-581-2203 [www.eteamz.com/MontgomeryJaguars](http://www.eteamz.com/MontgomeryJaguars)

**Montgomery Youth Soccer:**

Pat Brady 908-874-5386 [www.sportsconnex.com/mtys](http://www.sportsconnex.com/mtys)

**Soccer Club Youth Development Program:**

Bruce Guest 908-904-9428 [www.bluesombrero.com/montgomerysoccer](http://www.bluesombrero.com/montgomerysoccer)

**Soccer Club Traveling:**

John Lyssikatos 908-359-2955 [www.montgomerysoccer.org](http://www.montgomerysoccer.org)

**Montgomery Youth Basketball:**

Sharon Prosiniski 908-466-3087 [www.montgomerybasketball.com](http://www.montgomerybasketball.com)

John Hageman 609-466-3936

**Montgomery Boys/Girls Lacrosse:**

**Boys:** Cliff Higgins 609-577-2881 [www.MontgomeryLacrosse.com](http://www.MontgomeryLacrosse.com)

**Girls:** Dan Tetnowski 908-635-8587

**Men's Montgomery United Soccer:**

Eric Atanda 609-683-0670 [eatanda@hamamatsu.com](mailto:eatanda@hamamatsu.com) (email)

**Montgomery Youth Football & Cheerleading:**

John Clarke 732-485-4530 [www.myfca.org](http://www.myfca.org)

**Montgomery Flag Football:**

John Durso 908-406-0555 [www.leaguelineup.com/montgomeryflagfootball](http://www.leaguelineup.com/montgomeryflagfootball)

**Montgomery Wrestling:**

John Moyle 908-281-6431 [www.montgomerywrestling.com](http://www.montgomerywrestling.com)

**Princeton Special Sports:**

Deborah Norcross 609-279-0191 [dmartinorcross@aol.com](mailto:dmartinorcross@aol.com) (email)

**Challenger Little League:**

Lisa Kontos 609-273-7644 [www.littleleague.org/divisions/challenger/asp](http://www.littleleague.org/divisions/challenger/asp)

**Montgomery Special Olympics:**

Michelle Woolf 609-466-8180 [www.leaguelineup.com/montgomeryspecialolympics](http://www.leaguelineup.com/montgomeryspecialolympics)

**REGISTRATION FORM**

Once a registration is taken, no refunds, rainchecks, or credit will be given unless a program is canceled due to lack of participation. Class participants will not receive a confirmation. If you do not hear from our department, your registration is complete and you should plan to attend the class as scheduled. Trip participants will receive an itinerary approximately a week prior to the trip date. Register for all programs well in advance of start date so that programs are not canceled due to low participation. For more information please call 609-466-3023. Senior Citizens (55+) may take 10% off Adult School Classes (not trips). **SEPARATE checks are required if you are registering for a class and a trip.** Non-residents need to add an additional \$30.00 to the class fee. **A \$25 late fee applies when registering on the 1<sup>ST</sup> day of the session or after a class begins!** Please note! **NO reservations for classes or trips are accepted over the phone. Registrations are only processed with payment - first come, first served.** You may call to inquire about the status of a class or trip, but NO reservations will be made over the phone! **THANK YOU & Enjoy!**

Last Name	First Name	Grade	Age
Address	(Street)	(City)	(Zip)
Phone/Home	Work	Email	
Course/Trip	Date/Time of Class	Cost	
Course/Trip	Date/Time of Class	Cost	
Check#(s) _____ / _____	Date _____	Cash _____	
Total Enclosed _____			

**NOTE:** Please complete the entire registration form. It is very important for proper registration. Please make checks payable to Montgomery Recreation Department. **Send form(s) with check to: Montgomery Recreation, Otto Kaufman Community Center, 356 Skillman Rd, Skillman, NJ 08558. If you have questions, call 609-466-3023. Classes may be canceled 1 week prior to start date based on registrations; please register early! A \$25 late fee applies when registering on the 1<sup>ST</sup> day of the session or after a class begins!**

I understand that the programs in this brochure are sponsored by the Montgomery Township Recreation Department, and hereby waive, release, absolve, indemnify, and agree to hold harmless, Montgomery Township, the class organizers, supervisors, and chaperones, for any claim arising out of an injury to myself/son/daughter. **I understand I will not receive a refund for any class/program unless the class/program is cancelled by the Recreation Department.**

Adult Name:(Print) \_\_\_\_\_ Adult Signature \_\_\_\_\_ Date \_\_\_\_\_