MONTGOMERY PARKS & RECREATION

Spring/Summer Newsletter





- After School Programs
- Special Events
- Summer Camps

Registration
Begins
March 20, 2023
8:00 A.M.

Montgomery Parks & Recreation 356 Skillman Rd Skillman NJ 08558 609-466-3023 www.montgomeryrecreation.com

SPRING/SUMMER NEWSLETTER

Parks & Recreation Staff

Recreation Director
John Groeger
Assistant Director
Chris Zimmerman
Sr. Program Coord.
Pauline Carr
Parks Foreman

John Snyder

Open Space Steward Dir.
Lauren Wasilauski
Admin. Assistant
Suzanne Brodbeck
Evening Facility Aide
Lou Vaccaro
Wellness Coordinator
Ellen Robbins

Parks & Recreation Committee

Chair
Stephen Shueh
Vice Chair
Peter Willis
Committeemember
Kent Huang
Committeemember
Julie Fong
Committeemember
Nick Barot

Committeemember
Denyce Mylson
Alternate
Sreedhar Cherukuri
Alternate
Himanshu Bhatia
TC Liaison
Neena Singh
Advisor
Matt Rosenthal

Important Phone Numbers

Parks & Rec Office 609-466-3023

Parks & Rec Fax 609-466-6761

Senior Center 609-466-0846

Food Pantry 609-466-1054

Public Works 908-874-3144

Municipal Building 908-359-8211

Wellness Coord. 609-366-2503



MISSION STATEMENT

To respond to the needs of the community we serve and enrich the lives of the residents through well-balanced recreational offerings and lifelong learning. We strive to offer quality recreational and educational programs for personal and professional development.

Would you like to receive Montgomery municipal notices, weather closings, and much more? It's free and easy to sign up!

Go to the Montgomery Township website at twp.montgomery.nj.us and add your address in the white and green "Sign-up for Ebulletins" box at the right.

Or you can text "InMontgomeryNJ" to 22828 on your phone to provide the e-mail address you would like added to the Twp. E-bulletins system.



HOW TO REGISTER



Registering for classes is easy. You can register online with a credit card at:

https://register.communitypass.net/Montgomery

Exact Cash, Check or Credit Card accepted at OKCC (CC has a 2.99% transaction fee)

Late Fees/Discounts:

To avoid a late fee, you must register for a class prior to the start date. A \$25 late fee is charged if you register the same day the class/program begins. Classes may be cancelled due to low participation, so please register at least a week before the class begins! Military members will receive a 10% discount with a military I.D. Seniors (55+) can also receive a 10% discount.

<u>Refund Policy:</u>

Fees are Non-Refundable. If the class/program is cancelled due to lack of participants, you will receive a full refund. Otherwise there are NO refunds.

Credit Card convenience fees are Non-Refundable.

*Photo Policy: On occasion we may take photos or videos of individuals enrolled in programs or using park facilities. Please be aware that these images may be used in our brochures, flyers, Facebook or on our website. To opt out please email the Rec Dept. at recreation@twp.montgomery.nj.us *



STAY CONNECTED TO US!!

Website: www.montgomeryrecreation.com
Facebook: www.facebook.com/montgomerytownshiprecreationnj
Instagram: www.instagram.com/montyrec
Twitter: www.twitter.com/MontyRec

PARK LISTINGS



1. Bessie Grover

20 Camp Meeting Avenue, Skillman Playground, grills, port-o-potty

2. Hobler Park

1645 Great Road, SkillmanPlayground, pathways, gazebo, port-o-potty, birdwatching

3. Montgomery Veterans Park

235 Harlingen Road, Belle Mead Playground, pathways, restroom, picnic/pavilion area (2), grills, lighted basketball courts (2), lacrosse fields, softball fields, sand volleyball, 9/11 and Veterans' Memorials

4. Van Horne Park

1225 State Road (Rt 206), Princeton Playground, picnic/pavilion area, restroom, paved pathways, basketball courts (2), softball fields (2), multipurpose fields (2) lacrosse wall, picnic tables & grill

5. Mill Pond Park

29 Mill Pond Road, Belle Mead Playground, restroom, soccer fields (7), pathways, shade structure, picnic tables & grill

6. Lubas Field

285 Belle Mead-Blawenburg Road (Rt 601), Belle Mead Lighted multipurpose field, playground, port-o-potty

7. Broadway

140 Broadway, Belle Mead Cricket field, port-o-potty

8. Woods Edge Park

66 Harvard Circle, PrincetonPlayground, swing set, picnic area restroom, basketball court, tennis courts (2), sand area, pickleball court, shade structure

9. Harlingen Gazebo

37 Harlingen Road, Belle Mead Gazebo

10. Dog Park

2261 Van Horne Road (Rt 206) Belle Mead

Dog Park & Playground behind former Police Station

11. Skillman Park/Dog Park

130 Main Blvd, Skillman Owned by Somerset County; to Reserve this Park, call 908-722-1200 ext 5225

12. Tennis Courts at LMS

375 Burnt Hill Road, SkillmanTennis Courts (8), Pickle
Ball/Tennis Court Combo (2)
outside of normal school hours

To reserve a park or if you see something that needs attending to please contact the Parks & Recreation Dept. at 609–466–3023





Last year's triumphant return of our annual fireworks display was the best one yet!! This year's event will be held on Thursday, June 29th on the front lawn of Montgomery High School (1016 Rt 601). Festivities begin at 6pm with vendors, music and games/activities for children.

The fireworks are once again funded by contributions from individuals, corporations, and small businesses, plus fees from our local vendors, making this a true community event. If you would like to make a donation or become a sponsor, please go to: www.montgomeryfireworks.org

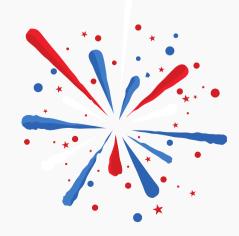
In addition to on-line donations, individual donations (checks) can be mailed to Montgomery Fireworks c/o Montgomery Parks & Recreation, 356 Skillman Road, Skillman, NJ 08558. There will be free parking available off-site, but if you want priority parking in the high school parking lot, you may purchase parking passes for \$20 at the Parks & Recreation office or online at:

https://register.communitypass.net/Montgomery

(PARKING PASSES WILL BE MAILED OUT 10 DAYS BEFORE THE EVENT)

Reminders: Bring a blanket or chairs, alcohol is prohibited and all pets must remain at home.

Thanks again to all of our wonderful supporters!!



DULT & COMMUNITY EVENTS

COLLEGE PREPARATION WEBINAR

This free webinar will cover the early steps of college preparation, strategies to best increase chances of college acceptance, PSAT/SAT prep, tips for impressive college essays and scholarships/financial aid.

Presented by Susan Alaimo Director of Collegebound Review. For more info, call 908-369-5362 or visit collegeboundreview.com.

Date: Monday, March 27

Time: 7pm

Instructor will email zoom link prior to webinar



SEWING CLASSES

Beginner Series: Learn to thread and operate your sewing machine while completing a series of beginner projects. If you have the basics down, choose from more advanced projects like a zippered tote bag or a cushion cover with piping and a zipper.

Date: Mondays, April 3rd - May 8th

Time: 6:00 – 9:00pm

Advanced Series: Students in the advanced class will be able to select patterns and projects they want to work on with an experienced sewing guide to help along the way. Students in this class should have mastered basic sewing skills and have some experience with commercial sewing patterns.

Date: Wednesdays, April 5th - May 10th

Time: 6:00 – 9:00pm

Cost: \$275

Location: OKCC Senior Center

Instructor: Amy Reynolds who has been sewing for decades and has been teaching sewing and quilting classes for many years at a local fabric and craft store. This class will enable students to create their own wardrobe and home décor.

Class fees do not include supplies. Students will be provided a supply list after registering for a class and will need to shop for supplies before classes. Bring your sewing machine, including the power cord, foot pedal, and machine manual to class.



DRILLS, SKILLS, THRILLS BASKETBALL CLINIC

Boys and Girls in grades K-5th are welcome to sign up for this spring basketball clinic! This clinic is appropriate for beginners and experienced players. There will be a focus on FUN! With games and drills being taught in a new and exciting way, participants will not only improve their basketball skills, but will also experience the joy of the game. Participants need to bring their own basketball.

Portable smaller baskets will be used to help the younger players reach the basket so they can

succeed and gain confidence.

Dates: Tuesdays, April 18 - June 13.

Time: 5:30pm-6:30pm (boys and girls in grades K - 2nd) 6:30pm-7:30pm (boys and girls in grades 3rd - 5th)

Location: Otto Kaufman Community Center Gym

Cost: \$185 per participant per session **Instructor:** https://dstbasketball.com/



get in the game

TENNIS

Foundation Tennis

Participants learn the basic fundamentals of stroke production, court movement & footwork skills.

Development Tennis

Ideal for intermediate players looking to enhance knowledge & skills.

Dates: Sundays, April 23 - June 18 OR

Thursdays, April 20 - June 8

Time: Foundation 4:00 -4:50 pm (Grades K - 3)*Thur Development 5:00 -5:50 pm (Grades 3 - 5) *Thur Foundation6:00 -6:50 pm (Grades 6 - 9) *Thur

> Foundation 9:00 -9:50 am (Grades K - 3) *Sun Foundation 10:00 -10:50 am (Grades 3 - 5)*Sun Development 11:00 -11:50 am (Grades 6 - 9) *Sun

Cost: \$195

Location: UMS Courts

Instructors for all classes above: USSI – https://ussportsinstitute.com/



bring water bottle & tennis racquet

FAL-ROONEY 1 DAY CAMP

Fal-Rooney continues when schools are closed! Teams compete for the coveted Fal-Rooney Cup! Wear sneakers, bring water, snacks, and lunch.

Pre-game available from 8-9am - \$15/family.

Dates: Thur, April 6 (No school in

MTSD)

Times: 9-1pm Grades: K-8 Cost: \$55

Location: OKCC Gym



MAD SCIENCE at OHES & VES

STEM Odyssev

Create a periscope & explore optical illusions, investigate the power of magnets, explore the states of matter while making putty to take home, hear the call of the wild as you experiment with classifying animal tracks, uncover the hidden rainbows in ordinary light, make lightning indoors, and many other hair-raising experiments!

(Min:10 students; Max: 20 students)

Dates: Thursdays, April 20 -May 25 *Gr 1 & 2 Tuesdays, April 18 - May 23 *Gr 3 & 4

Times: 4:10 - 5:10pm

Cost: \$150(includes all materials) Location: OHES & VES Room #s TBA

Instructors: Mad Science (www.wnj.madscience.org)



YOUNG REMBRANDTS DRAWING

Learning to develop and apply patterns is the focus, as our artists venture into the wild to create an intricate zebra drawing. Our students will learn about cool & warm colors with the patterned flowers lesson, and realism when they draw the tower bridge. Then our students focus on the artwork of Gustav Klimt & his place in art history.

OHES (Grades K - 2)

Dates: Tuesday, April 18 - May 23

Times: 4:10 - 5:10pm Location: OHES Rm #TBD VES (Grades 3 & 4)

Dates: Wednesday, April 19 - May 24

Times: 4:10 - 5:10pm Location: VES Rm #TBD

Cost: \$145

Instructor: Jason Wilkes;

wilkes@youngrembrandts.com

www.youngrembrandts.com/centralwestjersey/

JR CHEF

BAKING MANIA

Children will learn new skills and vocabulary while creating tasty treats each day. This program helps essential math skills, encourages build adventurous palate, helps children explore their senses & build confidence. We create recipes like Big Bear Brownie, Mini Layer Cake, Smiley Face Potatoes, Italian Bruschetta, Giant Cookies, etc.

Dates: Tuesdays, May 2 - June 6

Cost: \$175 (includes Jr Chef Box and all materials)

Time: 6:00 - 7:30pm

Grades: K - 6

Location: OKCC Large Meeting Room

Instructors: Jr Chef Box; www.juniorchefbox.com or

(732 - 789 - 8244)

Junior Chef Box includes step-by-step laminated recipe sheets, science experiments, food fun facts, apron, one baking utensil, bear cookie-cutter, round shape cutters, 4 silicone cups, piping bags, etc



DANCE CLASS WITH MISS MICHELLE

Storybook Ballet: Dancers will learn the basics of ballet surrounded by the familiar music & props. Please wear inexpensive ballet slippers.

Broadway Dance Kids: An upbeat class that teaches Broadway style jazz choreography & show stopping stage presence with a focus on learning song & dance numbers from a variety of musical productions, past & present.

All students should wear leotard & tights. Long hair should be tied back and off face & neck.

Dates: Thursdays, Apr 20 - May 25

Times: Storybook Ballet (3 - 5yrs) 4:30 - 5:15pm

Broadway Dance (Gr. 1 – 5) 5:30 – 6:15pm

Cost: \$90

Location: OKCC Program Rm **Instructor**: Michelle Pender

(OHES teacher)



BRICKS FOR KIDZ at OHES & VES

"CRANIUM CONTRAPTIONS" — LEGO MOTORIZED MODEL BUILD: Students use LEGO® Bricks, axels, pulleys, gears & motors to create fun and interactive models. Compete with friends in a rousing game of Battle Tops or Foosball. Put your hand-eye coordination to the test with the Ping Pong Popper model. Experiment with the Mini Figure Mover to send it for a ride! Students get 2 minifigures to take home.

Dates: OHES (Grades K - 2) Weds, May 3 - June 7 VES (Grades 3 & 4) Thurs, May 4 - June 8

Time: 4:10 - 5:10pm

Cost: \$165 (includes 2 take-home minifigures)

Location: OHES & VES Rm #TBD

Instructor: Bricks4Kidz centralnj@bricks4kidz.com

or 732-789-8244



DIPLOMAT CHESS

We've taught state and national champions, but the majority of our students are beginners looking to learn a new skill and have fun. Class is split between interactive group lessons and practice games against similarly skilled opponents. All equipment needed for the club is provided and all skill levels are welcome. (Maximum: 16 students per class)

Dates: OHES (Gr 1 & 2): Mon, April 17 - May 22 VES (Gr 3 & 4): Tues, April 18 - May 23

Time: 4:00 - 5:00pm

Cost: \$165

Location: Rooms # TBA Instructor: Diplomat Chess info@diplomatchess.com or

call (973)908-8900



NEW! The Place: For Doing Life Better

Young people deal with a high level of stress but many have not learned important coping mechanisms to self-regulate their physical & emotional responses to that stress. When stress is high, our ability to absorb information & follow through on tasks decreases. During this 8 week program, you'll learn self-regulation techniques, mindfulness, executive functioning strategies to help with organization & time management, communication skills to interact with adults more effectively & some life skills regarding finances & jobs as well. The course is supplemented with useful infographics & videos to which you'll have continued access upon course completion.

Dates: Thursdays, April 20 - June 8

Times: Grades 6 - 8: 5:15 - 6:15pm;

Grades 9 - 12: 6:30 - 7:30pm;

"Gen Z" (18 - 25 yrs): 7:45 - 8:45pm

Location: OKCC Conference Room **Cost:** \$150 (includes all materials)



Instructor: Jeanne Skaar, Masters in Speech Pathology & formal Life Coach training. She worked 33 years in Public Education as a Speech Therapist and Social Studies instructor, working with students, parents, staff & study teams to support students reaching their potential. Questions or more info, please email jeanneskaar@gmail.com - www.mindbodyspiritintegration.com

CHEERLEADING

Coached by a six-time national championship coach and certified all-star cheerleading judge, this program will teach cheerleading fundamentals including: stunting, tumbling, jumps and dance. This program will be offered for two skill levels and will culminate in the showcase of a competitionstyle cheerleading routine. Minimum 10 Maximum 35 for both

Level 1 (Green Team): This is for entry level cheerleaders. You will work on forward & backward rolls, cartwheels, roundoffs and walkovers (as appropriate). Athletes will learn waist level single-leg stunts and shoulder level two-leg stunts.

Level 2 (Gold Team): Athletes at this level should have either a roundoff with a rebound (or more advanced skills) and/or prior cheerleading experience. You will work on roundoffs, walkovers and back handsprings (as appropriate). Athletes will learn shoulder level one-leg stunts and extended level two-leg stunts.



Dates: Thurs March 30-June 08

Grades: K-8

Times: (Green Team)5:30-7:00 pm (Gold Team) 6:30-8:30 pm

> Cost: \$250 (both teams) Location: OKCC Gym

Instructor: Lauren Panasewicz

All athletes should wear cotton or compression shorts, fitted tee-shirt or tank top, and soft-soled sneakers (cheerleading sneakers). Hair should be worn up.

GIRLS ON THE RUN

The program is designed to promote self-respect, friendship and fitness. In addition to doing lessons and playful activities, girls run and walk, as they train to complete a fun 5K race.

VES (3 & 4)

Dates: Mon/Thurs; April 17 - June 8 (no 5/29) OR Tues/Fri; April 18 - June 9 (no 5/26 & 30)

Time: 8:00 - 9:20am

Cost: \$200

(includes shirt & materials)

Location: VES field

LMS (5 & 6)

Dates: Mon/Thurs; April 17 to June 8 (no 5/29)

Time: 3:20 - 4:40pm

Cost: \$200 (includes shirt & materials)

Location: LMS field

Instructor: (VES & LMS): Diane Fay

(dianefay3@gmail.com)

Volunteers are needed to assist with GOTR - please

TRACK & FIELD

Athletes will compete in ONLY home meets against other Montgomery LMS track participants in various running distances, long jump & the shot put. Track meets will be before HOME UMS meets begin. Athletes can attend practices up to 4 times a week and athletes will not be punished for missing any practices during the week. LMS students must listen for lunch-time announcements regarding cancellations due to bad weather.

Kids will not be walked back to LMS all season. They all must be picked up at the UMS track by 4:45pm at the latest.

Dates: Mon/Tue/Thurs/Fri, Mar 27-May 16

Times: 3:15-4:45pm

Grades: 5-6 Cost: \$185

SAVE THE DATE: SUN.,

June 11, for the GOTR 5K

Race in Somerville

(separate registration fee

for race)

Location: UMS Track

Instructor: Vincent Figueroa vfigueroa@mtsd.us & Rickey Steeb

rsteeb@mtsd.us



REC N CREW & Y.O.M.

REC N CREW AND YOUTH OF MONTGOMERY (YOM) CAMPS

We are excited to bring back trips and rebrand our 6th-8th grade camp, now called Youth of Montgomery (YOM). YOM campers will go on 8 trips throughout the summer. We are also preparing for another amazing season of Rec n Crew camp for grades 1-6! Rec n Crew will be filled with multiple guest entertainers, themed weeks, arts & crafts, games and plenty of fun! Camps will be held from June 26 - August 4 (No Camp July 4th). Pre-camp and post-camp options are available for an additional fee.

FULL CAMP DETAILS FOR BOTH REC N CREW & YOM CAN BE FOUND ON OUR WEBSITE.

Camp Locations:

Rec n Crew - 1st - 6th: Orchard Hill

YOM - 6th - 8th: Montgomery Veterans Park

Registration will begin on Monday, March 20th.

You may register online with a 2.99% fee, or you can register in person at the Rec Dept., Mon - Fri, 8am to 9pm.

No refunds will be given for camp, please register after you have carefully reviewed your summer itinerary.

Fees:

Rec n Crew **Pre-Camp**: 7:30 am – 8:30 am: \$150 per camper Rec n Crew **Camp**: 8:30am - 3:00pm: \$700 per camper

Rec n Crew **Post-Camp**: 3:00 pm - 6:00 pm: \$275 per camper (There will no longer be snacks provided)

YOM **Pre-Camp**: 8:00am – 9:00am: \$150 per camper YOM **Camp**: 9:00am – 4:00pm - \$900 per camper

YOM **Post-Camp**: 4:00pm - 5:00pm: \$95 per camper (There will no longer be snacks provided)



Interested applicants **MUST be available for the** entire camp season (6/26-8/4). If you're 14 or 15 years old, you may consider applying to be a Counselor in Training (This is a non-paying position)

Interested candidates should visit our website or contact Chris Zimmerman at czimmerman@montgomerynj.gov

If you enjoy being outdoors and playing games with children, then we have the job for you! We are looking for fun, energetic, reliable, enthusiastic individuals—teens and adults—who are interested in being a part of our Rec N Crew Camp and YOM team in a wide variety of roles.



CREATIVE CAMPS AT A GLANCE

JUNE



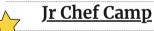
JULY



July 31- Aug 11

Film Camp

July 10-14



July 17-21

Mad Science Camp

July 24-28

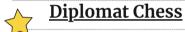
Young Rembrandts

July 31 - Aug 4

AUGUST



Aug 7 - 11



Aug 14 - 18















CREATIVE CAMPS

LET'S PUT ON A MUSICAL

Experience the fun of musical theater in Montgomery! Campers put on a fully staged musical in just two weeks! In addition to making up the cast, students have the opportunity to be involved with all aspects of production, from set design to choreography. Students develop their craft through acting exercises & improvisational games and have FUN! Our Teen Intensive camp features a session with guest artist Amy Justman, a professional Broadway Performer!

Session 1: The Spongebob Musical (youth edition)

Dates: Mon-Fri, Jul 10 - 21 (2 weeks)

Time: 8:30am - 3:30pm Grades: entering 5-9

Cost: \$650 (includes all materials)

Limit: 32 students; Min 20

Session 3: Disney's The Jungle Book

Dates: Mon-Fri, July 31 - Aug 11 (2 weeks)

Time: 8:30am - 3:30pm Grades: entering 2-6

Cost: \$650 (includes all materials)

Limit: 30 students; Min 20

Location: MHS Chorus Room & MPAC

Instructor: David and Dana Gordon; dgordon@mtsd.us

Session 2: Anything Goes – ONE WEEK INTENSIVE

Dates: Mon-Fri, Jul 24 - 28 **Time:** 8:00am-4:00pm

Grades: entering 7-12 For those with some

theater experience

Cost: \$425 (includes all materials)

Limit: 24 students; Min 16



INCREDIFLIX FILM CAMP

Action Movie Flix 9:00am-12:00pm

There's no limits in your action packed movie when using a green screen and camera tricks. Adventures await as you transport anywhere, from captaining a spaceship, to climbing the highest mountain. You'll collaborate to write, act & direct in this stunt packed movie where you'll be taught action choreography to thrill the audience.

Action Stop Motion 1:00pm-4:00pm

Use stop motion tricks to create fires, explosions, & even floods, as your characters can battle it out or work together to save the day in this action packed stop motion class. Work in small groups to storyboard, create the action film, and voice-over these exciting movies.



Grades: 3-7

Cost: \$260 (for AM OR PM);

\$455 (for FULL DAY - supervised lunch)

Location: OKCC Large Meeting Room

Instructors: Incrediflix: chia@incrediflix.com



All Flixs are downloadable within a month after camp ends. For more information please visit: www.IncrediFlix.com

CREATIVE CAMPS

JR. CHEF COOKING CAMP



Junior Chef Box given to students, which contains a cute apron, laminated recipe sheets, science experiments, a baking tool & silicone liners.

Junior Chef Box - Baking Wizard (9am - 12pm)

Join an exciting baking retreat! We will bake a variety of recipes like chocolate cake, cinnamon rolls, mozzarella sticks, cupcakes and many more mouth-watering treats.

Junior Chef Box - Sweet & Savory (1pm - 4pm)

<u>S</u>tudents will confidently cook for family and entertain friends. We'll make recipes like Bonbon Cookies, homemade garlic knots, mini donuts, veggie patties, ice cream cake, brownie bumps, etc.

Date: Mon - Fri, July 17 - July 21

Times: Half-Day: 9 -12pm <u>OR</u> 1-4pm \$240

Full day 9 – 4 pm (supervised hour, bring lunch): \$410

Grades: K - 6

Location: OKCC Large Meeting Room

Instructors: Jr Chef Box; www.juniorchefbox.com or (732-789-8244)

BRICKS 4 KIDZ

IMAGINATION UNLIMITED - LEGO Motorized Model Build Kids have loads of fun as they use LEGO® bricks to explore the world of engineering and architecture in a friendly and team-based environment. Take this one step further and make your model robotic by using WEDO, programming it on the computer to make it to do whatever you want! (9 am - 12 pm)

BRICK CRITTER w/REMOTE CONTROL - LEGO Motorized Models Dive to the depths of the ocean with Dory to help her search for her family & build other favorite sea life as well. In addition to imagining what pets do when left alone, build various critters, including motorized buzzing bees, fluttering butterflies & more. Kids will love to see their creations in motion using LEGO® wireless remote controls. (1 - 4pm)

Date: Mon - Fri, Aug 7 - Aug 11

Grades: K - 5

Half-Day: 9 -12pm <u>OR</u> 1pm - 4pm \$230

Full day 9 - 4 pm (supervised hour, bring lunch): \$385

Location: OKCC Large Meeting Room

Instructor: Bricks4Kidz www.bricks4kidz.com/345 or

centralnj@bricks4kidz.com (732-789-8244)

All campers will get a gift of custom Mini-figure



MAD SCIENCE

Chemical Curiosities

Become a skilled science sleuth while investigating the role of chemistry at the scene of a crime! Learn about chemical reactions as you grow crystals. We will use dental alginate to make fabulous finger molds and the chemistry continues as we create sidewalk chalk from scratch, design chromatography bandanas to take home, and even make your very own ice cream!

Dates: Mon - Fri, July 24 - 28

Time: 9am – 12pm

Grades: 1-6

Cost: \$200 (includes all materials)
Location: OKCC Large Meeting Room
Instructor: Mad Science of West NJ

For more information: http://wnj.madscience.org



CREATIVE CAMPS

BAND CAMP

Open to anyone who has played a brass, woodwind or percussion instrument for a year or more; primarily for elementary & middle school students, grades 4 & up. It is not for those who've never played before. We rehearse a varied selection of music, culminating with a performance on 8/2. We welcome parents who play brass, woodwind, or percussion instruments!!

Dates: Mon/Weds, Jun 26 - Aug 2

(No class 7/3 or 7/5) (Extra Rehearsal 8/1)

Time: 7-8pm

Grades: 4th grade and up

Cost:\$135 per student (no charge for parents)

Location: MHS Band & Chorus Room

Instructors: Cheryl Housten

(chousten@mtsd.us) & Dave Rabinowitz

(drabinowitz@mtsd.us)



DIPLOMAT CHESS CAMP

Camp time is divided between interactive group lessons, practice games, chess puzzles and special chess activities. We'll also take time for snack/recess and enjoy some fresh air. Lessons range from the basic rules to advanced tournament strategies and analysis of famous Grandmaster games. All chess equipment is provided and all skill levels are welcome!

Dates: Mon - Fri, Aug 14 - 18

Costs: Half Day \$245 (9am - 12pm OR 1 - 4pm,

bring water & snack)

Full Day \$420(9am - 4pm, includes supervised

lunch hour, bring water, lunch & snacks)

Grades: 1 - 5

Instructor: Diplomat Chess - for questions or more info, please email info@diplomatchess.com or call

(973)908-8900



YOUNG REMBRANDTS DRAWING CAMP

STEAMin' UP SUMMER

9:30 - 11:30am

Calling all artists, scientists, engineers & math lovers! We'll dive into a new discipline every day so that all children learn their possibilities. Students will illustrate different types of Sciences, new Technologies, incredible feats of Engineering and striking Math principles - all while creating crazy awesome Art.

Dates: Mon - Fri, July 31 - Aug 4

Grades: 1-6

Cost: Half day: \$180 (AM or PM)
Location: OKCC Large Meeting Room

Instructor: Jason Wilkes; wilkes@youngrembrandts.com www.youngrembrandts.com/centralwestjersey/

PASTEL DRAWING WORKSHOP -ART HISTORY WITH THE MASTERS

12:30 - 2:30pm

Each day we'll create one large drawing in pastel chalks. We'll create wonderful artwork while being inspired by Edvard Munch's The Scream, Pablo Picasso's Woman in Hat, Vincent Van Gogh's Chair, and Claude Monet's Regatta at Argenteuil. Please wear an old shirt or smock to class each day.

SPORT CAMPS AT A GLANCE

JUNE



<u>Coach Griff's</u> Athletic Camps

June 26- Aug 4



Co-Ed Soccer

June 26 - 30



<u> Girls Basketball(Jr)</u>

June 26 - 30



Co-Ed Volleyball

June 26 - 30



<u>Grundy Hoops</u>

June 26 - 30



Fal-Rooney

June 26 - 30

JULY

Tennis Camp

July 6 - Aug 10

July 9 - Aug 13

Girls Softball

July 10 - 13

Boys Soccer

July 10 - 14

Grundy Hoops

July 10 - 14

Cricket Camp

July 10 - 14

Girls Soccer

July 17 - 21

Track & Field

July 17 - 21

Girls Basketball

July 17 - 21

JULY



Fal-Rooney

July 17 - 21



Track & Field

July 17 - 21



Football

July 24 - 28



Kickball Camp

July 24 - 28



Grundy Hoops

July 24 - 28



Cross Country

July 31 - Aug 24



Girls Lacross

July 31 - Aug 4



Girls Basketball

July 31 - Aug 4

AUGUST

Jr Golf

Aug 7 - 10

<u>Grundy Hoops</u> (<u>Little Tikes</u>)

Aug 7 - 10

Grundy Hoops

Aug 7 - 11

Fal-Rooney

Aug 7 - 11

Aug 14 - 18

Aug 28 - 31

Tennis Camp

Aug 21 - 25

Tennis Camp

Aug 28 - Sept 1









Instructor: Jim Griffin MS,CSCS, PES, NASE 609-915-7414 or coachgriffcscs@gmail.com

COMPLETE ATHLETE TRAINING

A 17 session, 3 workouts per week program designed to develop the total athlete. Includes speed and agility training as well as Power Block training. Proper lifting techniques and training habits are covered.

Dates: June 26 - Aug 4 (Mon/Wed/Fri)

Times: 7:10-9:10am (Mon/Wed) 7:30 - 9:00am (Fri)

Grades: 7-12 **Cost**: \$295

Location: MHS Weight Room



SPEED & AGILITY

This program is geared to make you a better athlete. You will improve running form, foot work, stride length, and efficiency. Not a conditioning program; goal is explosive power.

Dates: June 26th - August 2nd (No July 3rd)

Days: Monday/Wednesday **Time:** 7:10am - 7:50am

Grades: 7th-12th

Cost: \$180

Location: MHS Cougar Stadium or Aux Gym



POWER BLOCK TRAINING

A total body training model by Strength Coach Jim Griffin. Development in strength, stability, muscular endurance, flexibility, and coordination. Instruction includes proper lifting techniques and training fundamentals.

Dates: June 26th - August 4th (No July 3rd)

Days/Time: Monday/Wednesday 7:10am - 9:10am

& Friday 7:30 - 9:00am for weight training

Grades: 7th-12th

Cost: \$210

Location: MHS Weight Room



KICKBALL CAMP

Campers will develop techniques and skills that will transfer into various types of kickball games. Our Sports counselors focus on teamwork, fair play, cooperation, and sportsmanship all while providing a fun play environment. Sneakers are required. Bring a water bottle!

Dates: Mon - Fri, July 24-28

Times: 9:00am - 12:00pm

Grades: 1-8 **Cost:** \$160

Location: UMS Gym

Instructor: Coach Bryan Upshaw

bupshaw@mtsd.us



NEW! CRICKET CAMP

Campers will learn the basic fundamentals of cricket. Campers will improve their skills with various drills & game-like situations.

Dates: July 10-14

Time: 4:30pm to 6:30pm

Age: 12-20

Location: Montgomery Veterans Park

Cost: \$140



TENNIS

<u>Foundation Tennis:</u> Designed to introduce players to the fundamentals of tennis, including stroke technique, serving, court awareness and rallying. A low pressure, yet energetic environment, ensuring optimal learning, all the while maintaining the enjoyment factor of being on the tennis court.

<u>Development Tennis:</u> Designed for players who have previous experience, and a good understanding of tennis' fundamental skills. Players will work towards refining their technique, generating consistent rallying skills, and grasping how to dictate direction of play to make game winning shots.

Dates: Thursdays, July 6th - August 10th

Times: 4:00pm - 4:50pm - Foundation Tennis - Grades K - 3 5:00pm - 5:50pm - Development Tennis - Grades 3 - 5 6:00pm - 6:50pm - Foundation Tennis - Grades 6 - 9

Dates: Sundays, July 9th - August 13th

Times: 9:00am - 9:50am - Foundation Tennis - Grades K - 3 10:00am - 10:50am - Foundation Tennis - Grades 3 - 5 11:00am - 11:50am - Development Tennis - Grades 6 - 9



USSI - https://ussportsinstitute.com/

Cost: \$155 per session Location: UMS Courts

CO-ED SOCCER



Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, June 26-30

Times: 9- 12pm Grades: 1-3 Cost:\$160

Location: OKCC

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us

CO - ED VOLLEYBALL

Players will be grouped by age and ability. Learn fundamental skills including passing, bumping, serving, setting, defense, offense, proper transitioning & hitting. Games will be played each day!

Dates: Mon - Fri, June 26 -30 **Times:** 9:00am - 3:00pm

Grades: 5- 9 **Cost:** \$285

Location: MHS Aux Gym

Instructor: Kelsey Donovan: kdonovan@mtsd.us

Lauren Horowitz: lhorowitz@mtsd.us Alex Kristopovich: akristopovich@mtsd.us



GIRLS SOCCER



Your child will learn the basic fundamentals of soccer. Each camper will improve their skills in passing, dribbling, shooting and other soccer specific skills. Through drills and games, campers will enjoy their time but also improve their skills and help build the Montgomery Cougar soccer program for the future. Please bring cleats, shin guards, sneakers, and water!

Dates: Mon - Fri, July 17 -21

Times: 9-12pm **Grades:** 4-8 **Cost:** \$160

Location: MHS Cougar Stadium

Instructor: Yannick Smith MHS Coach, ysmith@mtsd.us

GIRLS BASKETBALL

These camps will have different drills to help players of all ages and abilities improve their basketball skills. A typical camp day will have stations, morning game, lunch, competitions, and an afternoon game. The camp is run by Coach Matt Margon, his staff and players from the girls basketball program. Don't forget to bring a water bottle, lunch, and money for the camp store!

Dates: Week 1: Jul 17-21 (M-F)

Week 2: July 31- Aug 4 (M-F)

Times: 9 – 3pm Grades: 3-9 Cost: \$285

Location: MHS Main Gym **Instructor:** Matt Margon;

MHS Coach mmargon@mtsd.us



JR. GIRLS BASKETBALL

This summer for the first time ever Montgomery Girls Basketball will be running a camp for girls going into grades K through 3. This camp is a great introduction to the game. A typical camp day will have basketball drills, competitions and games. The camp is run by Coach Matt Margon, his staff and players from the girls basketball program. Don't forget to bring a water bottle!

Dates: Mon - Fri, June 26 - 30 **Times:** 1:00pm - 4:00pm

Grades: K-3 Cost: \$160

Location: OKCC

Instructor: Matt Margon;

MHS Coach mmargon@mtsd.us



CROSS COUNTRY CAMP

This camp helps students who are interested in improving their endurance and long distance running abilities. It is spread out over the course of four weeks to enhance development of running skills. Remember a large water bottle!

Dates: July 31 - Aug 24 **Times:** 6:30 - 8pm

Grades: 5-8 **Cost:** \$200

Location: Mon-Skillman Park, Tues-Monty Park, Thur-UMS

Instructor: Claire (MHS Coach) & Rob Scarpa

cscarpa@mtsd.us



TRACK & FIELD CAMP

Our camp will focus on fundamental skills of athletic training as well as track and field training with guided repetition in basic track and field drills. Athletes will attempt to build on their repetitions to test out in specific track events such as sprints, mid-long distance running, long jump, and the shot put. Every athlete will get times/measurements by the end of the week's training. Our typical practices will range from athletic development, specific track event skill training, track and field event measurements, training videos (Indoors), and cooperative games for fitness. Remember a large water bottle!

Dates: Mon - Fri, July 17 - 21

Times: 9am – 12pm

Grades: 4-8 **Cost:** \$160

Location: UMS Track

Instructor: Instructor: Vincent Figueroa & Rickey Steeb

vfigueroa@mtsd.us or rsteeb@mtsd.us

FOOTBALL: NON-CONTACT

Non-Contact Football Camp

Directed by Zoran Milich, MHS Varsity Head Coach and assisted by Sean Carty, MHS Offensive Coordinator, this camp will teach campers the proper techniques and drills for their specific positions. Campers will be exposed to offense, defense & special teams. Non-contact touch football games are played. *Bring sneakers, cleats, water bottle and lunch!*

Dates: Mon - Fri, July 24 - 28

Times: 9 – 3pm Grades: 6 - 9 Cost: \$285

Location: MHS Cougar Stadium

Instructor: Zoran Milich; MHS Football Coach, zmilich@mtsd.us



GIRLS SOFTBALL

You will be taught the proper fundamentals for fielding, throwing, hitting, baserunning and overall knowledge of the game. Students will learn the fundamentals and mechanics behind pitching and catching. There will be more advanced drills and stations setup for the girls who have played multiple years, and all children will be divided up accordingly. Each day will end in a fun and educational game or scrimmage.

Dates: Mon - Thur, July 10 - 13

Times: 9 -12pm Grades: 2-9 Cost: \$160

Location: MHS Softball Field

Instructor: Coach Brian Upshaw, bupshaw@mtsd.us

current varsity players and D-1 players

GIRLS LACROSSE

Players will learn the fundamentals of girls lacrosse through drill work, as well as live gameplay situations. All players need all required equipment including: mouth guard, lacrosse stick, goggles, and cleats/sneakers. Players should also bring plenty of water.

Dates: Mon-Fri, July 31 - Aug 4

Times: 9 - 12pm Grades: 2-9 Cost: \$160

Location: Cougar Stadium

Instructor: Joe Riccardi; MHS Coach

jriccardi@mtsd.us

BOYS SOCCER

Campers will learn the basic fundamentals of soccer. Campers will improve their skills with various drills & game-like situations. Bring cleats, sneakers, shin guards, and a water bottle. Bring lunch.

Dates: Mon - Fri, July 10 - 14

Times: 9- 3pm Grades: 4-10 Cost: \$285

Location: Cougar Stadium

Instructor: Rickey Steeb, MHS Coach, rsteeb@mtsd.us



FAL - ROONEY CAMP



Directed by Johnny Rooney and Assistant Directors Mike Falco and Justine Hickman. Campers participate in team and individual events, games, competitions, talent shows, obstacle relays, arts and crafts, and much more. The pool is back! They have a full time nurse as well as a CPR/First Aid/EpiPen trained staff.

Dates: June 26 - 30 (M-F) July 17 - 21 (M-F) Aug 7-11 (M-F) Aug 14-18 (M-F)

Times: 9-2pm Pre Game: 8-9am Overtime: 2-5:30pm

Grades: 1st - 9th

Cost: Camp:\$379 (Per Child)
Pre Game: \$99 (Per Family)
Overtime: \$175 (Per Family)

Location: LMS Gym

Instructor: Johnny Rooney

For more information: www.FalRooney.com

FAL- ROONEY PREP FOR SCHOOL CAMP

If your child is nervous about the start of school this is the camp for you. This will be a week of gym class to prepare for the start of school. All the activities and games will be stressing following directions, team games, winning, losing, working together while having fun. It will also give your children a chance to see some familiar faces and make some friendships before the first day of school.

Dates: Mon - Thurs, August 28 - 31

Times: 9:00am - 11:30am

Grades: entering grades K and 1st grade in Fall 23

Cost: \$179 Location: OKCC

Instructor: Johnny Rooney

For more information: www.FalRooney.com

USSI TENNIS CAMP

Participants learn the basic fundamentals of stroke production, court movement & footwork skills in a low pressured, yet energetic environment.

Dates: Week 1: Aug 21 - Aug 25 (M-F) Week 2: Aug 28 - Sept 1 (M-F)

Times:9:00am to 12:00pm

Grades: K-9

Cost: \$219 per session **Location:** UMS Courts



https:\\ussportsinstitute.com



GRUNDY HOOPS BASKETBALL CAMP

Campers will improve their skills with various drills & game-like situations. Camps have new drills & new games each week. For more info check out www.grundyhoops.com.

Sign up for Little Tikes Basketball & Jr Golf - Coach Joe Bassford will watch the campers in between camps and parents can pick them up after basketball camp.

Sign same child up for a 2nd week: \$280 (For Week 2) Sign same child up for a 3rd week: \$270 (For Week 3) Sign same child up for a 4th week: \$260 (For Week 4)

Sibling Discount - \$10 off when registering more than one child

for same week

Dates: June 23 - 30 (M-F) July 10 - 14 (M-F) July 24 - 28 (M-F) August 7 -11 (M-Th)

Times: 9-3pm After Care: 3 - 5pm Cost: Weeks 1-4 - \$295

After Care: \$125 (siblings included)

Grades: 3-9

Location: MHS Gym

Instruction: Kris Grundy; MHS Coach

grundyk2@gmail.com



BOYS LITTLE TIKES BASKETBALL CAMP

Dates: Mon - Thur, August 7 - 10

Times: 12:00pm - 2:00pm (No Aftercare Available)

Grades: 1-3 Cost: \$160 Location: OKCC

Instructor: Kris Grundy MHS Coach, grundyk2@gmail.com

and Joe Bassford jbassford@mtsd.us

JR. GOLF



Camp is designed to educate junior golfers about rules, etiquette, chipping, and putting through FUN drills & games. All ability levels are welcomed. Modified equipment is provided for beginners; advanced campers should bring their own clubs. Limited clubs available. Bring a water bottle and snacks. *If staying for Basketball Camp please bring lunch*

Dates: Mon - Thur, August 7 - 10

Times: 8 - 11:30am

Grades: K-5 Cost: \$160

Location: OKCC

Instructor: Joe Bassford; jbassford@mtsd.us & Jen Jones, MHS Coaches

INDEPENDENT LEAGUES

<u>Please contact these leagues for more information.</u>
<u>Montgomery Parks and Recreation does not run these programs.</u>

Montgomery Baseball League (MBSL)

President — Eric Seguin <u>ericdseguin@gmail.com</u> www.montgomerybaseball.com
The Montgomery Baseball League is open to all residents of Montgomery Township & Rocky Hill Borough, ages 4 — 16 yrs. old and is aligned with Cal Ripken & Babe Ruth Baseball based on age. Activities are held at McKnight Complex. We offer Spring Rec, Summer Sandlot & Fall Ball

<u>Montgomery Softball League (MBSL)</u>

President — Eric Seguin <u>ericdseguin@gmail.com</u> www.montgomerybaseball.com
The Montgomery Softball League is aligned with Babe Ruth Softball and is open to all residents of
Montgomery Township & Rocky Hill Borough, ages 4 to 16 yrs. old. Activities are held at Veteran's Park and
McKnight Complex with limited travel to nearby towns for away games. We offer Spring Rec, Summer
Sandlot & Fall Ball.

Montgomery Basketball League

President — Laura Kyler <u>President.montgomerybasketball@gmail.com</u> www.montgomerybasketball.com Winter Season - MBA offers Recreational Basketball for grades K-12 and Travel Basketball for grades 4-8. Rec Basketball runs from the beginning of December thru the end of February. Travel Basketball runs from November thru mid-March. Registration opens the first week of September.

Central Jersey Flag Football

President — Matt Rosenthal commissioner@centraljerseyflag.com www.centraljerseyflag.com
Flag Football is a non-contact sport in which participants pass, catch, run, and have FUN! Open to residents of Montgomery Township & Rocky Hill Borough, as well as surrounding towns. Central Jersey Flag is nationally affiliated with NFL FLAG and supports girls and boys grades K-9. Adult league is open to participants who are 25 or older. CFJ offers both a spring and fall season.

Montgomery Lacrosse

President - Chuck Petrozzini <u>info@montgomerylacrosse.com</u> www.montgomerylacrosse.com Registration is held November - January. Pre-Season begins in early March - May. MYLC emphasizes teamwork, sportsmanship, respect, discipline and most of all fun! Boy's practices are held at Van Home Fields/MHS Turf, Girls are held at Harlingen Fields/MHS Turf.

Montgomery Wrestling

President – John Moyle <u>montgomerywrestling@gmail.com</u> www.leaguelineup.com/montgomerywrestling This program is for beginner and experienced Wrestlers grades K – 6th grade. Practices begin in November – February and are held at the UMS Cafeteria and MHS Auxiliary Gym. Wrestling builds strength, flexibility, endurance and confidence. *Team Parent* – Julie Igawa Fong

Montgomery Travelers Soccer Club

President — Ralph Spicer <u>president@montgomerysoccer.org</u> www.montgomerysoccer.org MTSC is a local nonprofit organization that offers both Recreational and Travel soccer programs for children ages 3–18, in fall, winter (indoor), spring, and summer, for both new and experienced soccer players. All programs are coached by professional coaches with advanced US Youth Soccer licenses

Montgomery Special Olympics

www.somontgomery.wordpress.com

MSO provides sports, training and competition for children and adults with intellectual disabilities. Programs are run from September to June and use Montgomery School sport facilities. These sports include swimming, soccer, volleyball, basketball, track and field, fitness to music, tennis, golf and many others.

UPCOMING EVENTS

APRIL 15: STREAM CLEANUP

When: Saturday, April 15, 9-11AM

Where: Otto Kaufman Community Center (356 Skillman Road, Skillman)

What: Join The Watershed Institute and Montgomery Environmental Commission to remove litter and debris along Rock Brook, where it flows through Township parks and open spaces. A shuttle bus will take you from the Community Center to a few locations along Rock Brook.

Pre-registration is required via The Watershed's website (www.thewatershed.org/streamcleanups/)

- This event is rain or shine.
- Bring a reusable water bottle and gloves.
- Masks optional.
- Do not attend if you are feeling unwell.
- Children must be accompanied by an adult.

APRIL 23: EARTH DAY

When: Sunday, April 23, 11AM - 2 PM

Where: Montgomery Municipal Complex (100 Community Drive, Skillman) *NEW LOCATION FOR 2023* What: Join the Environmental Commission for our 18th annual Earth Day celebration. We will again host a drive-thru style event where residents can securely shred sensitive documents, and drop off metal and electronics for recycling.

We'll also have charities collecting a number of items including: bicycles, household goods (to benefit HomeFront), flower pots, and more. Check our website for details as we are updating it regularly: https://www.montgomerynj.gov/planning/page/earth-day-april-23-2023

JUNE 3: TRAILS DAY

Save the Date for Saturday, June 3! More details coming soon!

JUNE 29: MONTGOMERY FIREWORKS

When: Thursday, June 29, 6PM

Where: Montgomery High School (1016 Route 601, Skillman)

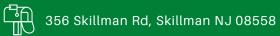
What: Join us for Montgomery's largest community event – the fireworks! Festivities begin at 6PM with

 $vendors,\,music\,\,and\,\,games/activities\,\,for\,\,kids.\,\,www.montgomery fireworks.org$

Free parking will be available offsite. Parking passes for priority parking at the High School will be available for purchase for \$20 at the Parks & Recreation office (356 Skillman Road, Skillman) or online at: https://register.communitypass.net/Montgomery



Montgomery Parks & Recreation





609-466-3023

www.MontgomeryRecreation.com

Adult/Parent Nar	ne:			
Address:				
Phone:	Email address:			
Emergency Cont	act Name & Nun	nber:		
Participant 1:			Male/F	emale (circle one)
Grade:	Age:	T-Shirt Size (if applical	ole)	
Program:		Dates:	Location	Fee \$
Program:		Dates:	Location	Fee \$
Program:		Dates:	Location	Fee \$
Participant 2:			Male/F	emale (circle one)
Grade:	Age:	T-Shirt Size (if applica	able)	
Program:		Dates:	Location	Fee \$
Program:		Dates:	Location	Fee \$
Program:		Dates:	Location	Fee \$
Total Due: \$ <i>Chec</i>		Iontgomery Recreation, 356 s	Skillman Rd, Skillman N.	J 08558
I understand		eive a refund or credit for celled by the Recreation I		trip unless it is
	Signature		 Date	

Do you need reasonable modifications due to a disability as defined by the ADA in order to participate in the above program (s)? Yes/No (circle one)

Note: Please make separate checks for aquatics & after school classes. All non-residents must pay an additional out of town fee (\$30) per program. Senior Citizens (55+) may take 10% off Adult Classes.



356 Skillman Rd, Skillman NJ 08558